38. Nearest hospital

Ipswich Hospital is to be found on Heath Rd. 01473 712233. It is open 24 hours There is a private hospital (Nuffield Health) on Foxhall Rd 01473 279100

39. Facebook

There are three facebook sites – Parish Council – Nacton Village Community-Nacton and Levington News and Nostalgia.

40. Local councillors

East Suffolk District Council Richard Kerry – Richard.kerry@eastsuffolk.co.uk Michael Richardson - michael.richardson@eastsuffolk.co.uk

Suffolk County Council Patti Mulcahy – patti.mulcahy@suffolk.gov.uk

Nacton Parish Council Clare Lucas – clerk – nactonpc@gmail.com

41. Local MP

Dr Therese Coffey

42. Orwell Park Estate

It manages most of the farm land in the area and owns several properties in the village.

Contacts:

Estate Manager – Ben Crossman - 01473 659280 Farm Manager Director – Andrew Williams - 01473 659280

43. Recycling

There is a recycling centre in Foxhall Road. Booking required – https://suffolkrecycling.org.uk Opening times : 9am – 5pm Monday-Sunday (7pm Thursday). Closed Wednesday

44. Nearest pharmacy

Day Lewis at Ravenswood - 01473 279795 - 26, Hening Avenue IP3 9QJ

45. Nearest veterinary surgeon

Trinity Vet Surgery, 476 Felixstowe Road IP3 8SU. 01473 729369 Open: 8.30-12.30 Mon-Wed, 8.30-1830 Thurs & Fri, 9.00-12.00 Sat

46. Broke Hall Park Residents Association

A private residents representative body. Further information contact graeme.hammond@gmail.com

Produced by Nacton Parish Council

A GUIDE FOR NACTON RESIDENTS 2023

Nacton Parish Council and the residents of Nacton, are delighted to welcome you to our community. We hope you will enjoy living in this delightful part of Suffolk. To help you settle in and access all that is on offer in Nacton, this small guide points out essential things to know about Nacton.

Derivation of the name, "Nacton". The earliest known reference is from 1086, Nachetuna, in the Domesday Book. Possibly "Farmstead of a man called Hnaki" . Derivation is from Old Scandinavian, Hnaki, plus Old English "tun", meaning, enclosure, farmstead manor or estate.

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Nacton Village Emergency Plan

1. Nacton Village Website.

This is managed by the Parish Council, and contains all the Council's information as well as village events, details of local clubs and organisations and more. Nacton Parish website can be found at www.nacton.suffolk.cloud or enter "Nacton", into any browser.

2. Parish Council.

Chairman: Brian Hunt – councillor.hunt@gmail.com **Parish Clerk:** Clare Lucas – nactonpc@gmail.com - 07734720662

Meetings take place on a bimonthly basis beginning in January. They are usually held on the last Wednesday of the month at 7.00pm in the village hall. Exact dates are displayed on the parish notice boards and the parish website. All parishioners are welcome to attend these meetings. The minutes of the meetings are displayed on the notice boards outside the village shop and village hall, inside the gates at Priory Court and on the website. In addition, there is an Annual Parish Meeting, held in the village hall, when many organisations within the parish report on their year's activities. This is held on the last Wednesday in May with the AGM at 7.00 pm, again in the village hall, where refreshments are provided. A full list of the councillors and their responsibilities can be found on the notice boards. New planning applications can be found on the ESDC website. ESDC keeps a register of interests for all councillors. A link to the register is on the Nacton website.

3. Saint Martin's Church.

This is a typical Norman English Church that has been in its current location since around 1200. St Martin's is part of the Colneis Benefice, which includes the parishes of the surrounding villages of Levington, Kirton, Bucklesham, Falkenham, Hemley, Newbourne and Waldringfield. The Rector, who was previously Chaplain at Woodbridge School, lives in The Rectory in Ipswich Road, Nacton.

Churchwarden: Joe Liggett – 01473 659837 - liggett1@gmx.co.uk He can be contacted for any day-to-day business relating to the church.

Rector: Reverend Canon Ian Wilson – 01473 659875. – e-mail - revcanian@yahoo,com

There is a weekly benefice e-mailed newsletter. Contact the churchwarden to receive it. Everyone is welcome to services at St. Martin's. Details are published on the noticeboard outside the church and on the parish web site.

The church is available for baptisms, weddings, funerals and other events.

4. Parish Newsletter.

This is created by the Parish Council. It is sent by e-mail to residents. Please e-mail the clerk for a copy. Residents unable to access the internet may request a paper copy by telephoning the clerk and giving their address. It appears around 3 times a year.

5. Home Farm vegetable shop

This is open on most Fridays between 10 and 12 during the Autumn and sells produce grown on Home Farm Nacton. It is opposite the main Home Farm Entrance on The Street.

6. Priory Park.

Priory Park is a privately-owned mixture of holiday caravans and luxury lodges. It has a restaurant and golf course, both of which are open to the public. Within the Park is Priory Court, which is a gated community of 100 owner-occupied park homes. Priory Court has its own community life and welcome booklet.

7. Emergency Plan.

The Parish Council maintains an Emergency Plan for the parish. An abbreviated version is appended to this publication, which explains the purpose of the plan and under what circumstances it would be brought into action. A full version is on the village website.

8. Village Hall.

Chairman: David Pearce – pearce.mills@btinternet.com **Bookings Secretary:** Mike Whybray – 01473 659679

The village hall is located next to Nacton Primary School in The Street.

It is used by many organisations, but can be booked by individuals for meetings, parties etc. Bookings can be made via the parish website-**nacton.suffolk.cloud/villagehall**

A clothes bank is outside the hall.

9. Orwell Stores.

This is now closed. The disused telephone box outside has books to exchange.

Ordered newspapers may be collected there.

10. Bus stops.

There are two bus stops in the village. One is located near the Nacton war memorial and the other by Workshop Lane, leading to the playing field. They are served by bus number 78. This is an infrequent service on Mondays, Wednesdays and Fridays to Ipswich via Warren Heath. Times can be found at the bus stop and on the Nacton website. There are bus stops on the Felixstowe Road near the Nacton crossroads, with services to Felixstowe and Ipswich run by First Group. **Bus numbers are: 75, 76 and 77**. They operate every 30 minutes to Ipswich and Felixstowe during the main part of the day, Monday to Saturday and hourly in the evenings and on Sundays.

Service 75 goes near Ipswich Hospital on Heath Road.

Times can be found at the bus stops and on the Suffolk County Council website at **www.suffolkonboard.com** or by 'phone to Traveline **0800 200 2233.**

Connecting Communities. This is a service organised by ESDC to allow people to obtain transport where there is no bus service. The contact number for information and bookings is 01728 635938

Full details can be found on the Nacton parish website.

11. Post boxes.

These can be found outside the former village shop and by the bus stop at Victoria Field, as well as at Priory Court entrance.

Collection times:

5.00 pm Monday to Friday and Saturday 10.00 am at the shop 9.00 am Monday-Friday and Saturday 7.00 am at Victoria Field & PC

12. Milk and fish deliveries.

Milk deliveries are made by Dairy Crest (www.milkandmore.co.uk). Deliveries can be arranged through their website – milkandmore.co.uk

Wet Fish Man visits the village every Thursday in The Street. Contact Mr Mayes at www.mayesfisheries.co.uk or 07714594283.

13. Defibrillator.

There are 3 in the village. One is located at the Farm Manager's office in Home Farm, a second at the village Hall and one in the playing field. There is also one at the entrance to Priory Court. Details on how to access them and instructions will be found at the sites.

14. Refuse collection times.

There is a collection on Thursday for most of Nacton Village and Priory Court, except for those people living on Felixstowe Road, when their collection is Friday. The collection works on a fortnightly cycle, with recyclable material (blue bin) being collected one week and normal refuse (grey bin) being collected the next. The garden refuse collection is a paid for scheme. Details from East Suffolk District Council

15. Victoria Field.

This is owned and run-on behalf of the village by the Parish Council. It is a recreational area, primarily for children. There are some seats and picnic tables and a trim trail there for parishioners to use. The field can be hired out, with permission of the Parish Council. Dog restrictions apply.

16. Paupers' Wood and graveyard.

This is also owned and run-on behalf of the parish by the Parish Council. It can be found opposite the turning to the Amberfield estate. There is a sign just outside the entrance and a small memorial stone inside the wood. A semi-circular path is there to walk.

17. Notice boards.

There are three notice boards which keep parishioners up to date with the latest information. They can be found by the former Orwell Stores in The Street, outside the village hall and just inside the gates at Priory Park. The Village Hall committee has its own notice board outside the village hall and the Primary School has one by its entrance. Priory Court has its own at their entrance.

18. Mobile library.

A mobile library visits Nacton Village every fourth Tuesday in The Street, stopping from 9.55-10.45

There are public libraries in central Ipswich, Felixstowe and Woodbridge. Two smaller libraries can be found at Gainsborough Library,

Clapgate Lane, Ipswich –01473260888 and Rosehill Library, Tomline Road, Ipswich – 01473719279.

19. Nearest post office and ATM.

A mobile post office van visits Nacton on Monday, Tuesday, Wednesday and Friday between 8.30-10.30am. It is to be found at George Court.

The nearest post offices are:

East of England Co-op Foodstore, 58, Queen's Way, Ipswich IP3 9EX. Martlesham Heath, 19, The Square IP5 3SL Open from 9am – 7 pm Mon-Sat ATM machines are at Nat West Bank at Ransome's Europark and Sainsbury's supermarket, Warren Heath.

18) Nacton Sports Field

This is owned and managed by the Community Council for the benefit of the parish. There is a children's playground, a tennis court, a cricket square and a sports pavilion.with a defibrillator on the wall. No dogs are allowed.

The pavilion can be hired for small functions.

20. Footpaths, permissive paths and bridleways.

There are a few of these in the village, all of which are indicated on the enclosed map. The Estate allows only these footpaths, permissive paths and bridleways to be used.

21. Community Council.

Chairman: Dr Jos Leeder - nactonvillagecommunitycouncil@gmail,com

This council organises many social events during the year, most of which are held either in the village hall or the Nacton sports field.

Some of these occasions are:

- Pop-up cafes- usually held once a month during the summer between 2-4pm. Free to all, although donations are welcome.
- Coffee Mornings, once a month on a Saturday in the village hall from 10 until 12. Where cooked breakfast can also be purchased, books exchanged etc.
- · Quiz nights in the village hall.
- Pop-up Pub Nacton Arms Held around 3 times a year.
- $\cdot\,$ One off events, like the Summer Fete, Easter Egg Hunt and special national events.
- The Community Council manages the Playing Field and is responsible for the tennis court and the play equipment in the field.

If you would like to be informed by e-mail of village events organised by the Community Council, please forward your details as above.

22. Women's Institute.

Contact details: President Mrs Paula Warner - 01473 659231.

The WI meets every 3rd Wednesday in the month at the village hall starting at 7.30pm

23. Poor Land Trust.

This is a charity run for the benefit of those in need in the village. There are two trustees to whom applications should be made. The Trust generates income by renting a field to Home Farm, Nacton.

Trustees: Paula Warner - 01473 659231 and Robert Giles 01473 659599

24. Nacton Cricket Club.

The club plays in three leagues, one on Saturday and the others on Sunday, as well as playing some friendlies and T20 matches, usually on Tuesday. New members are always welcome. Home matches are played on the Nacton sports field.

Contact: Ellis Baker (Chairman) ellis.baker@sky.com or 01473 484867

25. The Orwell Old People's Trust.

Provides five bungalows at George Court on The Street almost opposite the farm entrance. These are designated to be lived in by people aged over 60 years who can still look after themselves and have lived in Nacton, Foxhall, Bucklesham or Levington for the last five years. To find out more, contact should be made via **judith.wyndham@btinternet.com**

26. Almshouses.

Nacton residents can also apply for accommodation at the Sir Robert Hitcham Almshouses in Levington. There are four-character dwellings there, designated for local people. Further information can be obtained by contacting the clerk, Miss Ros Eaton on **01473 714144**

27. Orwell Astronomical Society.

Meets every Wednesday from 8.00 pm at the Observatory in Orwell Park School. Website-**www.oasi.org.uk**

Special arrangements are made for entry into the school by the society.

28. 1st Orwell Sea Scouts (Scouts, Cubs and Beavers).

Contact: Kevin Taverner - 01473 659783

29. Nacton CEVC Primary School.

Headmistress: Mrs Ginny Ryan Contact details: 01473 659370 for further details.

Information about current events in the school can be found on the notice board by the school entrance. Pupils move to either Kesgrave Secondary School or Felixstowe Academy.

30. Nacton and Bucklesham Under 5s.

It meets at the rear of Nacton village hall every week day during term time. Pupils can join from 2 years of age. It is a pre-school charity run by a committee consisting of parents and employing around seven staff.

Contacts: Marie Whiting during school term time on 01473 659809 or www.NBUS.co.uk

31. Toddler Group.

This meets at Nacton Village Hall from 1.30-3.00 on Tuesday. Information from Marie Whiting – mariewhitingmanager-nbus@outlook.com

32. Orwell Park School.

Headmaster Adrian Brown - 01473 659225 for admissions and queries

This a private boarding school for boarders and day pupils for both boys and girls aged 2-13. There is a separate building for the pre-prep.

33. Doctors' Surgery.

The nearest surgery is at Ravenswood Medical Practice, on the Ravenswood estate. Registration to the surgery should be made in person.

Telephone: 01473 271122

Also The Two Rivers Medical Centre, 165-167 Woodbridge Road - 01473 256251

34. Nearest supermarkets.

There are several of these within a five mile radius

Sainsbury's and B&M at Warren Heath also has a bottle bank

- · Waitrose at Europark also has a bottle bank
- \cdot Tesco, Marks and Spencers and Aldi at Martlesham Heath
- \cdot Lidl at Ravenswood Shopping Centre also has a bottle bank
- · East of England Co-op Ravenswood Shopping Centre

35. Emergency contact numbers.

Anglia Water-0845 7145145 Police-999 or 112 Power cut – 105 Suffolk County Council-03456066067 Suffolk Highways-0845 6066171 National Gas Emergency Service – 0800 111 999

36. Council Tax

You are responsible to East Suffolk District Council for this. **Contacts:** 01394 383789

37. Electoral registration.

This should be carried out via the East Suffolk District Council website. It is your responsibility to register to vote.

